

Resources for People with Addictions

May 2015



Visit www.211edmonton.com to obtain a new copy if more than 6 months old.

Addictions Counselling / Crisis Support

Alberta Health Services - Addiction Services (FKA: AADAC)	
Addiction Helpline (24/7)	1-866-332-2322
Adult Counselling	780-427-2736
Enhanced Service for Women	780-427-2736
Family Violence	780-427-2736
Opioid (Opiate) Dependency Program	780-422-1302
Youth Counselling (under 19yrs)	780-422-7383
Crisis Support Centre, The Support Network	
Distress Line (24/7)	780-482-HELP (4357)
Kids Help Phone (24/7; 5-20yrs)	1-800-668-6868
Poundmaker's Lodge Treatment Centre	780-458-1884

Detoxification Programs

Alberta Health Services - Addiction Services (FKA: AADAC)	
Addictions Recovery Centre (ARC)	780-427-4291
Youth Detox	780-644-3627
George Spady Centre Society	780-424-8335

Adult Residential Programs

AHS - Adult Residential (Henwood)	780-422-4466
(men/women; alcohol, drugs, gambling)	
Catholic Social Services - Alpha House	780-473-5957
(men/women in recovery; 18+yrs)	
Hope Mission	780-422-2018
Breakout Recovery Community (men; 18-60yrs; homeless)	
Wellspring Recovery Community (women; 18+yrs; wait list)	
Jellinek Society's Recovery House	780-488-1160
(men in recovery from cross-addiction and alcoholism; 18+yrs)	
McCullough Centre (FKA: Gunn Centre)	780-967-2221
(indigent men; 18-65yrs)	
McDougall House Association	780-426-1409
(women in recovery; 18+yrs)	
Our House Addiction Recovery Centre	780-474-8945
(men; 18+yrs; alcohol, drugs)	
Oxford House Foundation of Canada	780-455-5517
(men/women in recovery from addictions)	
Poundmaker's Lodge Treatment Centre	780-458-1884
(men/women; 18+yrs; alcohol, drugs, gambling)	
Recovery Acres Society (men; 18+yrs; alcohol, drugs)	780-471-2969
The Salvation Army	
Anchorage Addiction Treatment Program	780-429-4274
(men; 18+yrs; alcohol, drugs)	
Urban Manor Housing Society	780-425-5901
(hard-to-house men; 18+yrs; addictions/mental illness)	

Youth Residential Programs

Alberta Health Services - Addiction Services (FKA: AADAC)	
Protection of Children Abusing Drugs	1-866-332-2322
(PChAD; under 18yrs)	

Emergency Shelters for the Intoxicated

George Spady Centre	780-424-8335
Hope Mission	780-422-2018
Intox Emergency Centre (men)	
Women's Emergency Shelter	

Eating Disorders - Information / Treatment

AHS - Eating Disorder Program	780-407-6114
Anorexics and Bulimics Anonymous	780-443-6077

Self Help / Support Groups

Alano Club (12 step meetings)	780-423-1807
Alberta Gamblers Anonymous (Edmonton)	780-463-0892
Alcoholics Anonymous (AA)	780-424-5900
Anorexics and Bulimics Anonymous	780-443-6077
Clean Scene Network for Youth (14-29yrs)	780-488-0036
Cocaine Anonymous and Co-Anon (24/7)	780-425-2715
Crystal Meth Anonymous	780-758-7499
Dual Recovery Anonymous	780-919-1464 / 780-977-7750
Food Addicts in Recovery Anonymous	780-634-5526
Men for Sobriety	780-909-0215
Narcotics Anonymous (Edmonton area)	780-421-4429
Nicotine Anonymous	780-418-8075
Overeaters Anonymous (OA)	780-423-2546
Problem Gambling Resources Network	780-461-1259
Sex Addicts Anonymous (SAA)	780-429-9886
Sexaholics Anonymous (SA)	780-988-4411
Women for Sobriety	780-484-3033

Support / Info. for Those Affected by Addictions

Al-Anon Family Groups (24/7)	1-888-322-6902
Al-Anon / Adult Children / Alateen Programs	
Alberta Health Services - Addiction Services (FKA: AADAC)	
Addiction Helpline (24/7)	1-866-332-2322
Adult Counselling	780-427-2736
Youth Counselling (under 19yrs)	780-422-7383
Bissell Centre - FAS Services	780-423-2285 x132
Catholic Social Services - FASD Programs	780-477-1999
FASD Support and Resource Website	www.fasd.typepad.com
Parents Empowering Parents Society	
Parent Support Line	780-293-OPEP (0737)
U-Turn for Youth	780-410-8516
(support group for youth wishing to quit drugs and alcohol)	
REACH Edmonton Council for Safe Communities	
Drug and Alcohol Parent Resource Toolkit	311
(a resource for parents to talk to their children about drugs and alcohol; also available online in multiple languages)	
S-Anon Family Groups	780-485-3099
(those affected by another person's sexual behaviour)	

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.

Resources for Mental Health

May 2015



Visit www.211edmonton.com to obtain a new copy if more than 6 months old.

Assessment / Testing / Treatment

- Alberta Health Services (AHS)
Community Mental Health Clinic.....780-342-7700
Child and Adolescent Mental Health Intake (4.5-18yrs)
.....780-342-2701
University of Alberta Hospital
Psychiatric Treatment Clinic.....780-407-6501
CASA Child, Adolescent & Family Mental Health....780-400-2271
(under 5yrs; for 5-18yrs access through Child and
Adolescent Mental Health Intake, see above)
Psychologists' Association of Alberta
Psychologist Referral Service.....780-428-TALK (8255)
University of Alberta - Faculty of Education
Clinical Services (September-April).....780-492-3746

Advocacy / Information / Referral

- Alzheimer Society of Alberta - Edmonton.....780-488-2266
Canadian Mental Health Association (CMHA).....780-414-6300
The Office of the Alberta Health Advocates
Mental Health Patient Advocate780-422-1812
Schizophrenia Society of Alberta - Edmonton.....780-452-4661
Wellness Network, The Support Network.....780-488-0851
Wellness Quiz.....www.wellnessnetworkedmonton.com

Employment / Living Skills / Training

- Alberta Health Services (AHS)
Community Mental Health Clinic.....780-342-7700
DECSA - Assets for Success780-474-2500
EmployAbilities780-423-4106
Excel Society.....780-455-2601 x221
Goodwill Industries of Alberta.....780-944-2729
On Site Placement (OSP)780-488-8122
Prosper Place Clubhouse.....780-426-7861
Volunteer Edmonton - *Volunteer Connections*780-732-6649

Recreation and Social Programs

- Canadian Mental Health Association (CMHA).....780-414-6300
Community Linking Program Committee
Challenge by Choice780-342-7936
Prosper Place Clubhouse.....780-426-7861

Inner City Mental Health Services

- Bissell Centre780-423-2285 x166
Boyle McCauley Health Centre780-422-7333
Boyle Street Community Services780-424-4106
E4C780-424-7543

Immigrant Mental Health Services

- Edmonton Mennonite Centre for Newcomers780-423-9518
Multicultural Health Brokers Co-op Ltd.....780-423-1973

Crisis (call 911 if in immediate danger)

- Alberta Health Services (AHS) - *Mental Health*
Community Urgent Services and Stabilization Team
(FKA: Adult Crisis Response Team; 24/7) ..780-342-7777
Children's Mental Health - Crisis Line780-427-4491
Mental Health Help Line (24/7)1-877-303-2642
Crisis Support Centre, The Support Network
Distress Line (24/7)780-482-HELP (4357)
Government of Alberta
Mental Health Apprehension Warrant780-422-1812

Suicide Education and Support

- CMHA - *Community Education*780-414-6300
Applied Suicide Intervention Skills Training (ASIST)
Crisis Support Centre, The Support Network
.....www.crisissupportcentre.com
Distress Line (24/7)780-482-HELP (4357)
Suicide Grief Support Program (SGSP)780-482-0198
Suicide Caregiver / Bereavement Support Services

Mood Disorders - Educational Groups

- Catholic Social Services
Family Living Program - Creating a Positive Perspective /
Overcoming Depression and Adversity.....780-420-6081
(10 weeks; 18+yrs; \$300; limited subsidies)

Housing / Supported Independent Living

- Alberta Health Services (AHS)
Community Care Access.....780-496-1300
(eligibility assessments for programs in residential settings)
Canadian Mental Health Association (CMHA)
Housing Program780-414-6300
E4C.....780-424-7543

Support Groups

- Alberta Caregivers Association780-453-5088
Alberta Health Services (AHS)
Family Matters Support Group780-710-7370
Anorexics and Bulimics Anonymous780-443-6077
Canadian Mental Health Association (CMHA)
Drop-In Family Peer Support Group780-414-6300
Co-Dependents Recovery Society780-436-6853
ElderCare Edmonton - *Caregiver Support* .780-444-CARE (2273)
Emotions Anonymous (*depressed, anxious, etc.*)....780-436-2951
Organization for Bipolar Affective Disorders780-451-1755
Schizophrenia Society of Alberta - Edmonton780-452-4661
Walk-in Counselling Society of Edmonton780-757-0900
Healthy Living with Bipolar Diagnosis
Steps to Wellness for Anxiety and Depression
For counselling options available in your area.....211

Dial 2-1-1 within Edmonton for more information or if you cannot find the particular service you are looking for.

If 211 is not yet available in your area call 780-482-INFO (4636).

Inclusion of an agency or service on this list does not constitute an endorsement by 211.