

## BELLEROSE COMPOSITE HIGH SCHOOL 2025-2026 GRADE 10 COURSE SELECTION



| Student Name: | Jr. High School: |
|---------------|------------------|
|               |                  |

Parent/Guardian name and contact information:

A minimum of 40 credits (8 classes) must be selected by all Grade 10 students. Please refer to our 2025-2026 Guidebook for course descriptions and a full list of high school diploma requirements. Please refer to our 2025-2026 IB Guidebook for information on our IB Programme and IB Diploma requirements. All course offerings are subject to enrollment, prerequisite requirements, and availability.

| CORE COURSES: Choose 1 course in each subject area. Please indicate your student's current Grade 9 mark with your selection. |   |                       |                                |        |
|--|---|-----------------------|--------------------------------|--------|
| GRADE 9 MARK %   |   | ENGLISH LANGUAGE ARTS | CREDIT                         |        |
| 65% and above  |   |                       | English 10-1                   | 5      |
| 64% or less  |   |                       | English 10-2                   | 5      |
| Consultation Req'd   |   |                       | English 10-4                   | 5      |
| 75% and above  |   |                       | English 10-1 IB (Year long)*** | 5      |
| GRADE 9 MARK   | % | <b>\</b>              | MATHEMATICS                    | CREDIT |
| 64% or less  |   |                       | Math 10C PREP*                 | 5      |
| 65% and above  |   | Math 10C 5            |                                | 5      |
| 64% or less  |   | Math 10-3 5           |                                | 5      |
| Consultation Req'd   |   | Math 10-4             |                                | 5      |
| 75% and above  |   |                       | Math 10C IB**                  | 5      |
|  |   |                       | Math 20-1 IB                   | 5      |
| GRADE 9 MARK   | % | \                     | SCIENCES                       | CREDIT |
| 65% and above  |   |                       | Science 10                     | 5      |
| 64% or less  |   |                       | Science 14/24                  | 10     |
| 75% and above  |   |                       | Science 10 IB                  | 5      |
| GRADE 9 MARK   | % | <b>\</b>              | SOCIAL STUDIES                 | CREDIT |
| 65% and above  |   |                       | Social 10-1                    | 5      |
| 64% or less  |   |                       | Social 10-2                    | 5      |
| Consultation Req'd   |   |                       | Social 10-4                    | 5      |
| 75% and above  |   |                       | Social 10-1 IB (Year long)***  | 5      |

<sup>\*</sup> Math 10C Prep students will also be enrolled in Math 10C in Semester 2.

Parent/Guardian Signature:

These are the recommended grades for each stream.

Date:

Bellerose offers amazing off-campus opportunities. If you would like to express interest in one or more of these courses, please check below. Further registration instructions will be communicated by one of our off-campus coordinators in the fall.

|   | <b>√</b> | OFF CAMPUS       | CREDIT |
|---|----------|------------------|--------|
| 1 |          | Building Futures | Varies |
|   |          | Work Experience  | Varies |

| OPTIONS: Choose 6 options in order of preference to complete your timetable. Number 1-6.  # CTS/OPTIONS/PHYS ED COURSES  Aboriginal Studies 10/20 6 Art 10 5 CALM 20 (Diploma requirement) 5* Choir 5 Computer Science 10 5 Concert Band 5 Construction Tech 10 5 Creative Music 5 Crossfit 5 Digital Media & Film Production 10 5 Digital Photography 10 5 Drama 10 5 French 10 15 Gaming & Esports 10 5 Hockey Academy*** 5 Mechanics 10 5 Medical Studies 10 5 Medical Theatre 15** 5 Phys Ed + Outdoor Adventure 5 Phys Ed + Outdoor Adventure 5 Phys Ed + Yoga 6 Spanish 10 IB 5 Sports Medicine 10 5 Technical Theatre 15** 5 | crequisite requirements, and availability. |   |        |  |  |  |
|---|--|---|--------|--|--|--|
| Aboriginal Studies 10/20  Art 10  CALM 20 (Diploma requirement)  Choir  Computer Science 10  Concert Band  Construction Tech 10  Cosmetology 10  Creative Music  Crossfit  Digital Media & Film Production 10  Digital Photography 10  Drama 10  Food Studies 10  French 10 IB  Gaming & Esports 10  Hockey Academy***  Mechanics 10  Musical Theatre 15**  Personal Fitness  Phys Ed + CALM  Phys Ed + CALM  Phys Ed + High Performance Sport  Phys Ed + Yoga  Spanish 10 IB  Sports Medicine 10  Spanish 10 IB  Spanish 10 IB  Sports Medicine 10   | C  | OPTIONS: Choose <u>6 options in order of preference</u> to complete your timetable. Number 1-6. |        |  |  |  |
| Art 10       5         CALM 20 (Diploma requirement)       5*         Choir       5         Computer Science 10       5         Concert Band       5         Construction Tech 10       5         Cosmetology 10       5         Creative Music       5         Crossfit       5         Digital Media & Film Production 10       5         Digital Photography 10       5         Drama 10       5         Frond Studies 10       5         French 10 IB       5         Gaming & Esports 10       5         Hockey Academy***       5         Mechanics 10       5         Medical Studies 10       5         Musical Theatre 15**       5         Phys Ed 10 (Diploma requirement)       5         Phys Ed + CALM       6         Phys Ed + High Performance Sport       5         Phys Ed + Yoga       6         Spanish 10 IB       5         Sports Medicine 10       5   | #  | CTS/OPTIONS/PHYS ED COURSES   | CREDIT |  |  |  |
| CALM 20 (Diploma requirement)         5*           Choir         5           Computer Science 10         5           Concert Band         5           Construction Tech 10         5           Cosmetology 10         5           Creative Music         5           Crossfit         5           Digital Media & Film Production 10         5           Digital Photography 10         5           Drama 10         5           Food Studies 10         5           French 10 IB         5           Gaming & Esports 10         5           Hockey Academy***         5           Mechanics 10         5           Mechanics 10         5           Musical Theatre 15**         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + Outdoor Adventure         5           Phys Ed + Yoga         6           Spanish 10 IB         5           Spanish 10 IB         5           Sports Medicine 10         5  |  | Aboriginal Studies 10/20  | 6      |  |  |  |
| Choir         5           Computer Science 10         5           Concert Band         5           Construction Tech 10         5           Cosmetology 10         5           Creative Music         5           Crossfit         5           Digital Media & Film Production 10         5           Digital Photography 10         5           Drama 10         5           Food Studies 10         5           French 10 IB         5           Gaming & Esports 10         5           Hockey Academy***         5           Mechanics 10         5           Medical Studies 10         5           Musical Theatre 15**         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + High Performance Sport         5           Phys Ed + Yoga         6           Spanish 10 IB         5           Sports Medicine 10         5  |  | Art 10  | 5      |  |  |  |
| Computer Science 10         5           Concert Band         5           Construction Tech 10         5           Cosmetology 10         5           Creative Music         5           Crossfit         5           Digital Media & Film Production 10         5           Digital Photography 10         5           Drama 10         5           Food Studies 10         5           French 10 IB         5           Gaming & Esports 10         5           Hockey Academy***         5           Mechanics 10         5           Medical Studies 10         5           Musical Theatre 15**         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + High Performance Sport         5           Phys Ed + Outdoor Adventure         5           Phys Ed + Yoga         6           Spanish 10 IB         5           Sports Medicine 10         5  |  | CALM 20 (Diploma requirement)   | 5*     |  |  |  |
| Concert Band  |  | Choir   | 5      |  |  |  |
| Construction Tech 10         5           Cosmetology 10         5           Creative Music         5           Crossfit         5           Digital Media & Film Production 10         5           Digital Photography 10         5           Drama 10         5           Food Studies 10         5           French 10         5           French 10 IB         5           Gaming & Esports 10         5           Hockey Academy***         5           Mechanics 10         5           Medical Studies 10         5           Musical Theatre 15**         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + High Performance Sport         5           Phys Ed + Outdoor Adventure         5           Phys Ed + Yoga         6           Spanish 10 IB         5           Sports Medicine 10         5   |  | Computer Science 10   | 5      |  |  |  |
| Cosmetology 10         5           Creative Music         5           Crossfit         5           Digital Media & Film Production 10         5           Digital Photography 10         5           Drama 10         5           Food Studies 10         5           French 10         5           French 10 IB         5           Gaming & Esports 10         5           Hockey Academy***         5           Mechanics 10         5           Medical Studies 10         5           Musical Theatre 15**         5           Personal Fitness         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + Outdoor Adventure         5           Phys Ed + Yoga         6           Spanish 10 IB         5           Sports Medicine 10         5  |  | Concert Band  | 5      |  |  |  |
| Creative Music         5           Crossfit         5           Digital Media & Film Production 10         5           Digital Photography 10         5           Drama 10         5           Food Studies 10         5           French 10 IB         5           Gaming & Esports 10         5           Hockey Academy***         5           Mechanics 10         5           Medical Studies 10         5           Musical Theatre 15**         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + High Performance Sport         5           Phys Ed + Yoga         6           Spanish 10 IB         5           Sports Medicine 10         5   |  | Construction Tech 10  | 5      |  |  |  |
| Crossfit         5           Digital Media & Film Production 10         5           Digital Photography 10         5           Drama 10         5           Food Studies 10         5           French 10 IB         5           Gaming & Esports 10         5           Hockey Academy***         5           Mechanics 10         5           Medical Studies 10         5           Musical Theatre 15**         5           Personal Fitness         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + High Performance Sport         5           Phys Ed + Yoga         6           Spanish 10         5           Spanish 10 IB         5           Sports Medicine 10         5  |  | Cosmetology 10  | 5      |  |  |  |
| Digital Media & Film Production 10  Digital Photography 10  Drama 10  Food Studies 10  French 10  French 10 IB  Gaming & Esports 10  Hockey Academy***  Mechanics 10  Medical Studies 10  Musical Theatre 15**  Personal Fitness  Phys Ed 10 (Diploma requirement)  Phys Ed + CALM  Phys Ed + High Performance Sport  Phys Ed + Yoga  Spanish 10  Spanish 10 IB  Sports Medicine 10  5  Drama 10  5  French 10  5  French 10  5  French 10  5  French 10  5  Mechanics 10  5  Mechanics 10  5  Mechanics 10  5  Mechanics 10  5  Medical Studies 10  5  Personal Fitness  5  Phys Ed 10 (Diploma requirement)  5  Phys Ed + CALM  6  Phys Ed + High Performance Sport  5  Phys Ed + Yoga  6  Spanish 10  5  Spanish 10  5  Spanish 10 IB  |  | Creative Music  | 5      |  |  |  |
| Digital Photography 10  |  | Crossfit  | 5      |  |  |  |
| Drama 10         5           Food Studies 10         5           French 10         5           French 10 IB         5           Gaming & Esports 10         5           Hockey Academy***         5           Mechanics 10         5           Medical Studies 10         5           Musical Theatre 15**         5           Personal Fitness         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + High Performance Sport         5           Phys Ed + Yoga         6           Spanish 10         5           Spanish 10 IB         5           Sports Medicine 10         5   |  | Digital Media & Film Production 10  | 5      |  |  |  |
| Food Studies 10   |  | Digital Photography 10  | 5      |  |  |  |
| French 10 IB       5         Gaming & Esports 10       5         Hockey Academy***       5         Mechanics 10       5         Medical Studies 10       5         Musical Theatre 15**       5         Personal Fitness       5         Phys Ed 10 (Diploma requirement)       5         Phys Ed + CALM       6         Phys Ed + High Performance Sport       5         Phys Ed + Outdoor Adventure       5         Phys Ed + Yoga       6         Spanish 10       5         Spanish 10 IB       5         Sports Medicine 10       5  |  | Drama 10  | 5      |  |  |  |
| French 10 IB         5           Gaming & Esports 10         5           Hockey Academy***         5           Mechanics 10         5           Medical Studies 10         5           Musical Theatre 15**         5           Personal Fitness         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + High Performance Sport         5           Phys Ed + Outdoor Adventure         5           Phys Ed + Yoga         6           Spanish 10         5           Spanish 10 IB         5           Sports Medicine 10         5  |  | Food Studies 10   | 5      |  |  |  |
| Gaming & Esports 10       5         Hockey Academy***       5         Mechanics 10       5         Medical Studies 10       5         Musical Theatre 15**       5         Personal Fitness       5         Phys Ed 10 (Diploma requirement)       5         Phys Ed + CALM       6         Phys Ed + High Performance Sport       5         Phys Ed + Outdoor Adventure       5         Phys Ed + Yoga       6         Spanish 10       5         Spanish 10 IB       5         Sports Medicine 10       5   |  | French 10   | 5      |  |  |  |
| Hockey Academy***  Mechanics 10  Medical Studies 10  Musical Theatre 15**  Personal Fitness  Phys Ed 10 (Diploma requirement)  Phys Ed + CALM  Phys Ed + High Performance Sport  Phys Ed + Outdoor Adventure  Phys Ed + Yoga  Spanish 10  Spanish 10 IB  Sports Medicine 10   |  | French 10 IB  | 5      |  |  |  |
| Mechanics 10         5           Medical Studies 10         5           Musical Theatre 15**         5           Personal Fitness         5           Phys Ed 10 (Diploma requirement)         5           Phys Ed + CALM         6           Phys Ed + High Performance Sport         5           Phys Ed + Outdoor Adventure         5           Phys Ed + Yoga         6           Spanish 10         5           Spanish 10 IB         5           Sports Medicine 10         5   |  | Gaming & Esports 10   | 5      |  |  |  |
| Medical Studies 10 5  Musical Theatre 15** 5  Personal Fitness 5  Phys Ed 10 (Diploma requirement) 5  Phys Ed + CALM 6  Phys Ed + High Performance Sport 5  Phys Ed + Outdoor Adventure 5  Phys Ed + Yoga 6  Spanish 10 5  Spanish 10 IB 5  Sports Medicine 10 5  |  | Hockey Academy***   | 5      |  |  |  |
| Musical Theatre 15**  Personal Fitness  Phys Ed 10 (Diploma requirement)  Phys Ed + CALM  Phys Ed + High Performance Sport  Phys Ed + Outdoor Adventure  Phys Ed + Yoga  Spanish 10  Spanish 10 IB  Sports Medicine 10  5   |  | Mechanics 10  | 5      |  |  |  |
| Personal Fitness 5 Phys Ed 10 (Diploma requirement) 5 Phys Ed + CALM 6 Phys Ed + High Performance Sport 5 Phys Ed + Outdoor Adventure 5 Phys Ed + Yoga 6 Spanish 10 5 Spanish 10 IB 5 Sports Medicine 10 5  |  | Medical Studies 10  | 5      |  |  |  |
| Phys Ed 10 (Diploma requirement) 5 Phys Ed + CALM 6 Phys Ed + High Performance Sport 5 Phys Ed + Outdoor Adventure 5 Phys Ed + Yoga 6 Spanish 10 5 Spanish 10 IB 5 Sports Medicine 10 5   |  | Musical Theatre 15**  | 5      |  |  |  |
| Phys Ed + CALM 6 Phys Ed + High Performance Sport 5 Phys Ed + Outdoor Adventure 5 Phys Ed + Yoga 6 Spanish 10 5 Spanish 10 IB 5 Sports Medicine 10 5  |  | Personal Fitness  | 5      |  |  |  |
| Phys Ed + High Performance Sport 5 Phys Ed + Outdoor Adventure 5 Phys Ed + Yoga 6 Spanish 10 5 Spanish 10 IB 5 Sports Medicine 10 5   |  | Phys Ed 10 (Diploma requirement)  | 5      |  |  |  |
| Phys Ed + Outdoor Adventure         5           Phys Ed + Yoga         6           Spanish 10         5           Spanish 10 IB         5           Sports Medicine 10         5  |  | Phys Ed + CALM  | 6      |  |  |  |
| Phys Ed + Yoga       6         Spanish 10       5         Spanish 10 IB       5         Sports Medicine 10       5  |  | Phys Ed + High Performance Sport  | 5      |  |  |  |
| Spanish 10         5           Spanish 10 IB         5           Sports Medicine 10         5   |  | Phys Ed + Outdoor Adventure   | 5      |  |  |  |
| Spanish 10 IB 5 Sports Medicine 10 5  |  | Phys Ed + Yoga  | 6      |  |  |  |
| Sports Medicine 10 5  |  | Spanish 10  | 5      |  |  |  |
| '   |  | Spanish 10 IB   | 5      |  |  |  |
| Technical Theatre 15** 5  |  | Sports Medicine 10  | 5      |  |  |  |
|   |  | Technical Theatre 15**  | 5      |  |  |  |

<sup>\*</sup> CALM 20 is CALM plus 2 CTS modules for a 5 credit course.

<sup>\*\*</sup> If taking Math 10C IB, students will also be enrolled in Math 20-1 IB in Semester 2.

<sup>\*\*\*</sup> These courses run all year, one on Day A, the other on Day B. Both must be selected.

<sup>\*\*</sup> Musical Theatre and Technical Theatre run <u>after school</u> <u>and are in addition to a 40 credit (8 class) timetable.</u>

<sup>\*\*\*</sup> Additional monthly fees will apply.

## Alberta High School Diploma Requirements (English)

The requirements indicated in this chart are the **minimum** requirements for a student to attain an Alberta High School Diploma. The requirements for entry into post-secondary institutions and workplaces may require additional and/or specific courses.

| Subject                     | Credits (Minimum) | Required Course (Minimum)          |  |  |
|-----------------------------|-------------------|------------------------------------|--|--|
| English                     | 15                | English Language Arts 30-1 or 30-2 |  |  |
| Social Studies              | 15                | Social Studies 30-1 or 30-2        |  |  |
| Math                        | 10                | Math 20-1, 20-2, or 20-3           |  |  |
| Science                     | 10                | Science 20 or 24, Biology 20,      |  |  |
|                             |                   | Chemistry 20, or Physics 20        |  |  |
| Physical Education          | 3                 | Physical Education 10              |  |  |
| Career & Life Management    | 3                 | CALM 20                            |  |  |
| Additional Grade 12 Credits | 10                | 10 credits at the 30 level in      |  |  |
|                             |                   | addition to the English and Social |  |  |
|                             |                   | requirements.                      |  |  |
| Other                       | 10                | CTS, Fine Arts, Second Languages,  |  |  |
|                             |                   | Phys Ed 20 & 30                    |  |  |
| Not Specified               | 24                | Students choice                    |  |  |
| MINIMUM OF 100 CREDITS      |                   |                                    |  |  |

Students and Parents/Guardians are responsible for selecting courses required for their students' graduation, interests, and possible post-secondary admissions.